

PARISH TEAM

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Fr. Rory Nolan, (I.T. Chaplain) Sr. Dolores Fitzgerald, Parish Centre 9164087
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Parish Website www.carlowcathedral.ie Diocesan Website www.Kandle.ie

CARLOW REGIONAL YOUTH SERVICES

Teenage Activity Packages for 12 - 14 years old

on Tues. 12th & Wed. 13th July from 11am - 3.30pm.

For 15-17 years old on Thurs. 14th July & Friday 15th July
from 11am - 3.30pm. Cost €20

Venue: - is at Eire Og Clubhouse

Activities include arts and crafts, sports and games and a day trip.

For information contact: Ciara at 086 8054601 or Paul at 085 7897279

BODYWHYS CARLOW EATING DISORDER SUPPORT GROUP

Bodywhys hold support groups for people affected by eating disorders and family and friends on the first Wed. of every month at 7:30pm at the Cathedral Parish Centre, College Street, Carlow. The next meeting takes place on Wed. 6th July.

For details see www.bodywhys.ie or email info@bodywhys.ie

TALK IT OVER CARLOW

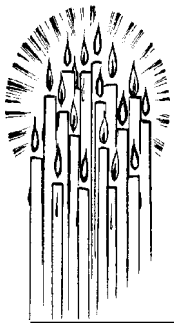
is a free and confidential service to help you cope with your grief after the loss of someone dear either through suicide or death. Our Listeners are professionally trained and available to help you through your bereavement.

Contact us on 086 3364961 for an appointment.

FÁILTE

We welcomed the following into the Christian Community recently through baptism.

Matylda Plotka, Quinn Morrissey, Alex Pender,
Magnus Berezowski, Ewan Hamilton, Ruby McGarry,
Daniel Reddy, Emma McDonald, Carlie Graham, Mia Doody,
Nataniel Jakubiec, Conor Byrne, Allanah Blanchfield.



Items for the Newsletter may be handed into the Parish Office or Presbytery not later than 5pm on Thursday and should include senders name and contact number.



CATHEDRAL OF THE ASSUMPTION
NEWSLETTER

14TH SUNDAY IN ORDINARY TIME

Vol. 20. No. 31

3rd. July 2011

Slow me down, Lord. Ease my pounding heart, quieten my racing mind,
steady my hurried steps.

Amidst the confusion of my days give me the calmness of the
everlasting hills. Help me to know the magical restoring power of
sleep.

Teach me the art of taking time off.....
of slowing down to look at a flower,
to chat with a friend,
to read a few lines from a good book.

Remind me each day
that there is more to life
than increasing its speed.

Let me look upwards into the branches of
a towering oak, and know that it grew great and
strong because it grew slowly and well.

Slow me down, Lord,
Teach me to be gentle and humble of heart,
so that I may find rest for my soul.



CATHEDRAL PARISH

Sunday 26th. June 2011

Dev. Fund €1893

Offertory €1311

Thanks for your support.

SPONSOR A PIPE

and make a contribution to the Restoration of the Cathedral Organ Individuals or Families can sponsor a pipe for €100 while a business can do so for €250. All the sponsors' names will be entered into a register which will be bound into book form. For further information please contact the Parish Centre 059 - 9164087.

COMMUNION FOR THE HOUSEBOUND - Fr. John will attend those on his list of the sick on Mon. 4th. July. Fr. Pádraig will attend on Thurs. 7th. July.

PRAYER MEETING - every Wed. in the Parish Centre at 7.30pm. All are welcome.

MONTHLY COLLECTION - for St. Vincent De Paul Society this weekend Sat. 2nd. July & Sun. 3rd. July. Your support would be greatly appreciated.

YOUTH 2000 - invites you to their Summer Festival in Clonmacnois, Co Offaly from 4th - 7th August. This is a lively 4-day Catholic festival for 16-35 year-olds with great music, workshops, prayer, concert, inspiring talks, games, and plenty of time for relaxing and meeting new people. Come along for a fantastic weekend filled with many new experiences. The festival is donation-only with free buses from around the country, just bring a sleeping bag. To book online and for information on free buses please visit www.youth2000.ie, tel 01 6753690/085 8289231

MEDJUGORJE PILGRIMAGE 2011 - 3rd. Sept. Spiritual Director Fr. P.J. Madden. For bookings and enquiries Noeleen Dunne 9142670 Click on www.mirmir.ie for streaming Video for evening Ceremonies in English translation.

MASS TIMES & MINISTERS OF THE WORD

Saturday 9th. July
6.15pm Michael Curran

Sunday 10th. July
8.30am Paddy Behan
11.00am Anne Brennan
12.30pm Mary Lyons
7.00pm Jessica O'Hara

If you are unable to attend, please appoint a substitute.

SUMMER DUES

Collection for the Priests of the parish may be handed in at any time. Envelopes are provided for this purpose in your box & also at the back of the Cathedral. Thanks to those who have already contributed.

CEMETERY MASS

The Annual Mass for our departed relatives & friends will be celebrated in St. Mary's Cemetery on Mon. 11th. July at 7.30pm. A Collection will be made at the Gate towards the expenses of the Mass.

THANK YOU

to all who were involved in the Evening Prayer and Procession for Corpus Christi last Sunday and to those who provided the refreshments afterwards. It was a memorable occasion for all who attended. Well done to all concerned.

MARIAN MOVEMENT OF PRAYER - for priests on Tues. 5th. July in St. Fiacc's House at 7.30pm. Rosary, Mass & Benediction.



3rd. July 2011

Bob's Your Uncle Lotto

Numbers drawn on the 26th. June '11
9 - 16 - 21 - 22
No Jackpot Winner
18 Mt. 3's shared €1000

Lotto Tickets available in Lotto Office across from Cathedral after Saturday evening & all Sunday Masses or at the Parish Centre
Bingo every Friday & Sunday night in the Youth Centre, Green Lane at 8.30pm

CARLOW ROWING CLUB - summer camp takes place from the 18th. - 29th. July from 10am - 1pm on weekdays for 12yrs - 16yrs. Cost €40. Participants must be able to swim. Contact Niall 087 - 9543507.

ART CAMP - at The Vault, Burrin Street, 11th - 15th. July from 10am - 2pm. Children please bring packed lunch. Bookings phone Justine 083 - 0092080

NURNEY FIELD DAY - will be held this Sun. 3rd July, in Nurney Village, Co. Carlow. A fun day out for all the family. Gates open at 2pm. Admission adults €2 children & senior citizens are free. All welcome.

TABLE QUIZ - in aid of St. Fiacc's House Bus Fund will be held in Graiguecullen GAA Clubhouse on Fri. 8th. July. Table of 4 €40. Spot prizes & raffle on the night. Your support would be appreciated.

SIX WEEK LIFESTYLE COURSE - for Type 2 Diabetes free of charge, facilitated by local dietitian in Delta Centre & Sensory Gardens, Strawhall Industrial Estate Carlow, starting 20th July 10am - 1pm. To register please contact Frances on 056 7761400 10am - 1pm Mon - Fri.

TAX REBATE FORMS 2010
please return your completed Tax Form as soon as possible if you have not done so already.

ASKEA SENIOR CITIZENS - Annual day trip to the Rock of Cashel & Holy Cross Abbey on Wed. 27th. July. Contact Marion 9143010.

THE CARERS ASSOCIATION - are holding a meeting for all Family Carers in The Parish Centre in College St., Carlow at 11am on Wed. the 6th of July. All former and present family carers of children, adults and older people are invited to attend. Supports for family carers will be discussed. Contact Pat at 065 7721424 or come along on the day.

FINAL GAELIGE LE CHÉILE IN REDDYS - The final Gaelige Le Chéile before summer will take place in Reddy's on Thurs. 7th July commencing at 9pm. People of all standards of Irish are welcome along to the informal get together 'as Gaelige' No charge. Bí linn agus fáilte.

DAVITT SHOWBAND - will play in The Grove Lounge Tolerton on Sat. 9th July 2011. Donation €10 in aid of The Sudan

SUMMER SWIM CAMPS - running throughout July & the beginning of Aug. from 6pm - 6.45pm Mon to Fri. Contact Grace 087 - 7797596 or Graiguecullen swimming pool 9140330.

PARENTS! GOING BACK TO WORK? ARE YOU LOOKING FOR A CHILD MINDER OR CRÈCHE?
Carlow County Childcare Committee offers Parents: - A list of Registered Childminders and Crèches in Carlow, Information on choosing childcare, Free booklets on choosing childcare, support and advice on quality childcare and Information sessions on parenting topics. For further information phone the Carlow County Childcare Committee on 059 9140244.